

PROTEINS:

GROUND PORK
BEEF CHUCK ROAST
1 LB JUMBO SHRIMP
ANDOUILLE SAUSAGE
KIELBASA
2 LBS CHICKEN BREAST

FRIDGE/FREEZER:

FROZEN CORN ON THE COBB

PRODUCE:

GARLIC
2 LEMONS
SPAGHETTI SQUASH
KALE
WHITE ONION
BABY GOLD POTATOES
2 WHITE SWEET POTATOES
YELLOW ONION
BROCCOLINI

PANTRY:

RAW CASHEWS
FULL FAT COCONUT MILK
CAN DICED TOMATOES
CAN DICED GREEN CHILES

NOTES/EXTRA GROCERIES:

TOPPINGS FOR BURRITO BOWLS
OLD BAY SEASONING
HONEY